



Camp Yowochas

Things to Bring for Overnight in Winter

Clothing - Essentials

- 1 pair winter boots (warm and waterproof)
- 1 pair inside shoes (or slippers)
- 2 or 3 pair of socks per day (avoid cotton)
- 1 pair long underwear per day, plus 1 extra
- 1 pair of pants per day, plus 1 extra pair
- underwear as necessary
- warm sweater
- 1 long sleeved shirt per day, plus 1 extra
- snow pants
- warm winter jacket
- 2 toques (not headbands)
- 2 pair mittens or gloves per day (waterproof ones are best)
- scarf or neck warmer
- sleep wear

Clothing - Optional

- wind breaker or shell
- rain proof jacket
- vest

Equipment - Essential

- bedding: pillow, twin fitted sheets & blankets OR sleeping bag
- toiletries: soap, towels, shampoo, toothbrush, toothpaste, personal items
- prescribed medication – give to leaders
- Participant Agreement Form– give to leaders

Equipment - Optional

- flashlight
- day pack
- book
- camera
- Sunglasses
- Fitted sheet to use as mattress cover

Leave At Home

- Gum, Junk Food, Candy, Spitz (seeds)
- iPod/MP3 Players, Electronic Games, Cell Phones
- Knives & Matches,
- Valuables & Money

**** Note: In the winter we play and learn outside all day. Warm and waterproof snow gear will make your trip more fun!**